

CITXW NLAKA'PAMUX ASSEMBLY
EMPLOYMENT & TRAINING

OCCUPATIONAL FIRST AID LEVEL 3

Occupational First Aid Level 3 is a 10 day/70 hour program designed to further first aid training and knowledge. The OFA level 3 course is suitable for people in these industries: lumber mill, pulp and paper mill, medic for oil and gas in BC (Alberta may require extra training), large logging companies, large road construction and flagging. No prior first aid knowledge required to attend this course. All students must be at least 16 years old and physically able to perform first aid. 100% attendance is mandatory to complete course.



Course Content

- The role and duties of an Occupational First Aid Attendant
- Head-to-toe examination
- Operate oxygen therapy equipment and insert oral airways
- Medical emergencies
- Skin and soft tissue anatomy and function
- Management of soft tissue injuries
- Principles of burn management
- Ligament and tendon injuries
- Manage soft tissue injuries
- Manage oxygen therapy equipment
- Patient positioning
- Critical incident stress
- Manage oral airways
- Patient packaging for rapid transport
- Management of circulatory emergencies
- Manage circulatory critical interventions
- Head and brain injuries
- Neck and spinal injuries
- Immobilization
- General principles of management for fractures and dislocations

CNA Participating Band

Ashcroft Indian Band
Boston Bar First Nation
Coldwater Indian Band
Cook's Ferry Indian Band
Nicomen Indian Band
Nooaitch Indian Band
Shackan Indian Band
Siska Indian Band



Date: Feb 6 - Feb 15, 2021 (10 day course)

Time: 8:30 AM – 4:30 PM

**Location: OFA Level 3 -First Aid - Kamloops
25 J Laval Crescent**

Sponsorship available through CNA for Members only

To Register Contact:

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